

LE LOGGIA & MA MICROPOUSSE CULINAIRE

MICROGREENS COOKING CLASS

Boost your culinary creativity and your health with our microgreens cooking class. Join our renowned chef at LOGGIA Traiteur & Restaurant for a 3-hour workshop, where you will learn how to integrate local microgreens from "My Culinary Microgreens" into your recipes.

WORKSHOP HIGHLIGHTS:

GASTRONOMIC EXCELLENCE: DISCOVER UNIQUE COOKING TECHNIQUES AND NEW FLAVORS UNDER THE GUIDANCE OF OUR TALENTED CHEF.

NUTRITIONAL BENEFITS OF MICROGREENS: LEARN ABOUT THE NUTRITIONAL BENEFITS OF MICROGREENS AND HOW TO INCORPORATE THEM INTO YOUR DISHES.

CREATIVE AND HEALTHY DISHES: GET INSPIRED TO CREATE DISHES THAT ARE BOTH DELICIOUS AND HEALTHY.

DATE & TIME:

JULY 5TH 2024

06.00 PM - 9.00 PM

**RESERVE YOUR SPOT BY
REGISTERING AT**

 micropousse-culinaire.fr

 Le Loggia, Uzès

